

Our Athlete Performances at the 18th Asian Games, 2018

We all hope that over the past fortnight, you were rooting for team India and athletes from the Rahul Dravid Athlete Mentorship Programme during the 18th Asian Games. In fact, it was the biggest contingent India has ever sent to the Games. A total of 572 athletes competed in 36 sporting disciplines across 2 weeks in Jakarta-Palembang. The Indian contingent also recorded their biggest medal haul at the Games, winning a total of 69 medals (15 Gold, 24 Silver, 30 Bronze).

The GoSports Foundation saw representation of 17 athletes from the Rahul Dravid Athlete Mentorship Programme in 8 sporting disciplines during the Games. Please find below a short brief on the athlete performances at the Games for your perusal:

SL. No	Athlete	Discipline	Results
1.	Swapna Barman	Heptathlon	Gold medal
2.	Dattu Bhokanal	Rowing, Men's Quadruple Sculls	Gold medal
3.	Muhammed Anas	Athletics (400m, 4x400m mixed relay, 4x400m men's relay)	Silver medals
4.	Dushyant	Rowing, Lightweight Men's Single Sculls	Bronze medal
5.	Sathiyam G	Table Tennis(Men's Team)	Bronze medal
6.	Anjum Moudgil	Shooting	Finished 9th in qualification
7.	Manish Rawat	Racewalking (20 km)	Disqualified
8.	Kidambi Srikanth	Badminton	Reached quarter finals in team event
9.	Prannoy HS	Badminton	Reached quarterfinals in team event
10.	Sai Praneeth	Badminton	Reached quarterfinals in team event
11.	Sameer Verma	Badminton	Reached quarterfinals in team event
12.	Rakesh Patra	Gymnastics	Was part of the men's Team All Around Event
13.	Dipa Karmakar	Gymnastics	Finished 5th in balance beam finals
14.	Aruna Reddy	Gymnastics	Finished 7th in vault finals
15.	Latika	Taekwondo	Reached round of 16
16.	Ajay Singh	Weightlifting (77 Kg)	Finished 10th
17.	Sathish Kumar	Weightlifting (77 Kg)	Finished 5th

ROWING



Dushyant won his second successive bronze at the Games (above).

Rower Dushyant brought India its first rowing medal at the 18th Asian Games by finishing third with a timing of 7.18.76 to take home the bronze medal in the men's lightweight single sculls event. The 25-year-old fought high blood pressure and was so drained out after the event that he collapsed on the finish line. He was exhausted which made him unable to stand at the podium, and he had to be provided immediate medical attention. Seasoned rower Dattu Bhokanal also put behind the disappointment of finishing 6th in his individual men's heavyweight single sculls to win a gold in the men's quadruple sculls finals. The team comprising of the aptly-named Sawarn Singh, Dattu Bhokanal, Om Prakash



Dattu (second from right) celebrates with his team.

ATHLETICS

Swapna Barman (Heptathlon) - Gold medal. Swapna became the first Indian heptathlete to win a Gold medal at Asian Games. She also became only the 5th athlete to score 6000 or more points in the event. This victory was especially sweet for her as well as us, as Swapna has been struggling with severe back and knee injury since last year which had put her participation at the Games under severe doubt. Under the watchful eyes of our head of sports science Mr John Gloster, an injury rehabilitation programme was designed for her, with an army of specialists working with her over the past years. Physiotherapist Niranjana Pandit was also exclusively sent to Jakarta to look after her and it turned out to be a good decision



Swapna Barman celebrates after she won the Gold medal

looking at Swapna's performance result. Niranjana was also handy in addressing other athletes' requirements, especially weightlifter Sathish Kumar who had a muscle tear during his event.

Muhammed Anas (Athletics, 400m, 4X400m Mixed Relay, 4X400m Relay) - 3 Silver Medals. After a scintillating performance at the Commonwealth Games 2018, Muhammed Anas picked up from where he left off to win 3 silver medals during the Asian Games. He definitely was one of the biggest success stories for India at the Games and is a good prospect for the upcoming Tokyo 2020 Olympics.



Muhammed Anas poses with his 400m silver medal. (above)



Anas was also on the team which won silver in the inaugural 4X400m Mixed Relay Event. (above)

TABLE TENNIS

Sathiyana G (Table Tennis, Men's Team) - Bronze Medal - The Indian table tennis men's team settled for a historic bronze at the Asian Games 2018 after losing to South Korea 3-0 in the semifinal.

G Sathiyana, Achanta Sharath Kamal and A Amalraj were part of the team which won their first ever Asian Games medal in table tennis.



Sathiyana was part of the team that clinched a historic bronze



Ms. Preeti Rabindra watches the closing ceremony with Hepta queen Swapna Barman

We were also delighted that Ms. Preeti Rabindra was able to visit Jakarta to support our athletes during the last few days of the Games. We will aim to provide similar opportunities in future competitions and hope to enable more representatives from the organisation to witness the performance of our athletes which would not have been possible without support from ASM Technologies.